

STARTERS

- Bannock Box v** mixed bannock, daily spread 7
- Tomato Soup v** saltines sm 7 lg 9
- Daily Soup** up to us sm 7 lg 9
- Smashed Cucumber v gf** 12
lemon, pickled onion, chilies, herbs
- Griddled Haddock "Bannacos" *** 14
bannock soft tacos, apple, cucumber salad, rutabaga, white fish caviar
- Bannock Caesar v** 12
romaine hearts, kale, crispy lentils & peas, horseradish, grana padano, bannock bits
+ roast chicken 7 + magic belly bacon 7
- "We the Roots" Arugula Salad v gf** 13
ontario gouda, celery root, iceberg
First farm-to-table supplier of leafy greens in downtown Toronto
- Chicory & Apple Salad v gf** 12
torn herbs, fennel, fried shallot, scallion & lemon dressing
- Proper Pierogies v** 12
sour cream, sweet onion, mushrooms
+ magic belly bacon 7 + smoked salmon 7
- Fried Mac & Cheese v** heinz, ontario cheddar 12



DID YOU KNOW?
"Poutine" is Québec slang for "a mess."

POUTINES

- Pierogi & Tater Tot** ontario curds, chicken gravy 13
- Toronttréal Smoked Meat** 14
fries, ontario curds, fried egg, chicken gravy
- The O.G. *** fries, ontario curds, chicken gravy 11

NOODLES

- Mac & Cheese v** ontario cheddar, mushrooms, kale . . . 19
- Spaghetti & a Meatball** tomato, parmesan 18
- Rigatoni Alfredo v** fried egg, parmesan, black pepper . . 20



DID YOU KNOW?
Saskatchewan is the world's leading producer of lentils!

PIZZAS

- Lentil Chili v** yoghurt, tahini, tomato 18
- Margherita v** fresh mozzarella, basil 17
- Roast Duck Poutine *** 21
duck confit, ontario curds, fries, caramelized onions
Over 23,000 sold!

SANDWICHES & BURGERS

- add peameal to all the things! 4
- Bannock Bannock *** 19
house-smoked salmon, onion, cream cheese
- Veggie Bannock v** 16
portobello mushroom, broiled eggplant, arugula, pecorino
- BLT Bannock** magic belly bacon, avocado, tomato 17
- Grilled Cheese v** 16
ontario cheddar, dill pickle, cup of tomato soup
- Brisket Cheeseburger** 18
tomato, lettuce, celeriac, white sauce, root crisps
- Free-run Turkey Burger *** 19
onion ring, avocado, dill pickle mayo, root crisps
- Griddled Fishwich** 16
spiced haddock, nasty sauce, celeriac, pickle
- Toronttréal Smoked Meat** 16
yellow mustard, cheese, pickled cabbage



Our tribute to Montréal, smoked at our sister restaurant Beauty Barbecue & Smokehouse

MAINS

- Fish & Shrimp Cake** 20
savoy & red cabbage, sesame mayo, radish
- Roasted Salmon** greens, lentils, eggplant 23
- Bologna & Eggs *** 18
bannock, tomato jam, duck fat potatoes
- Beer-battered Fish & Chips** 22
haddock fillet, tartar sauce, fries
- Arcadian Court Chicken Pot Pie *** 21
mashed potatoes, scratch gravy
The one and only since 1929
- Saskatchewan Lentil Chili v** 16
cornbread, sour cream, tater tots
- Peppered Flat Iron Steak gf** 29
duck fat potatoes, brussels sprouts, salsa verde
- Pork Shoulder Tourtière *** 21
roasted veg, mashed potatoes, l&p
- Kinda Cobb Salad v gf** 17
broccoli, avocado, lentils, soft-boiled egg, tomato, cucumber, red wine vinaigrette
+ salmon fillet 9
+ roast chicken 7
+ magic belly bacon 7



Our favourite savoury meat pie from La Belle Provence

SIDES

6 each

- Fries v**
- Sweet Potato Fries v**
- Duck Fat Potatoes gf**
- Tater Tots v**
- Brussels Sprouts v**
- Cornbread v**



Classic dish from The Rock (NL)
Pair it with a Labatt 50 for \$5

SWEETS

- O&B Artisan Butter Tart *** 9
- Warm S'mores Pie *** 10
- Ices & Ice Creams v gf** 9
- Stuffed Donuts (2) v** 7
- Cinnamon Bun v** 5
- Alfajores (3) v gf** 5
- Nanaimo Bar v *** 4



British Columbia's best!

("ba-nək) a round flatbread traditionally cooked on a griddle or stone; rolled fresh several times daily, our recipe includes flour, whole butter and buttermilk

v vegetarian / gf gluten-free

* bannock classic

Please make us aware of any food allergies, as there may be ingredients that are not listed.

@bannock_to / bannockrestaurant.com