

bannock

(*'ba-nək*) a round flatbread traditionally cooked on a griddle or stone;
brought to Canada through Scottish explorers and traders, adapted by Indigenous people and settlers.

FOR THE TABLE

BANNOCK BOX 6
mixed bannock, daily spread

POUTINE 11
st-albert curds, fries, chicken gravy

SALADS + STARTERS

DAILY SOUP 6/9

O&B CREAM OF MUSHROOM SOUP 6/9
tarragon cream

BANNOCK CAESAR 12
romaine hearts, dinosaur kale, crispy lentils and peas

BROCCOLI + BACON SALAD 13
ontario cheddar, pickled onion, sunflower seeds

VEGETABLE COBB SALAD 16
prairie grain pilaf, avocado, deviled egg, tomato cucumber relish,
ranch dressing

BITTER GREENS + SMOKED MUSSEL SALAD 12
dandelion, escarole, walnuts, horseradish

GRIDDLED FISH "BANNACOS" 13
bannock soft tacos, apple, cucumber salad, rutabaga,
caviar tartar sauce

SANDWICHES + BURGERS

BANNOCK BANNOCK 17
house-smoked salmon, onion, cumin, cream cheese

VEGGIE BANNOCK 14
portobello mushroom, roasted garlic hummus,
eggplant, comfort cream

BLT BANNOCK 17
housemade magic belly bacon, avocado, heirloom tomato

GRILLED CHEESE 16
o&b artisan challah, apple, bacon jam, pickled jalapeño

BANNOCK CHEESEBURGER + ROOT CRISPS 18
high river alberta ground brisket

FREE-RUN TURKEY BURGER 18
tempura onion, avocado, dill pickle mayo

PIZZA

MARGHERITA 15
ingersoll mozzarella, basil

SAUSAGE + EGGER 18
radicchio, potato, red onion

ROAST DUCK POUTINE 20
curds, fries, caramelized onions, duck

NOODLES

SPINACH GREENS MAC + CHEESE 16.5
peas, broccoli, mustard greens

SIMMERED CHICKEN HOT POT 20
mustard greens, napa cabbage, glass noodles, chili

NOODLE OF THE DAY P/A

FISH

FISH + SHRIMP CAKE 18
duck fat kimchi potatoes, arugula, radish, sesame seeds

ARCTIC CHAR 24
100km roots, citrus dashi, quinoa

Haida Gwaii Ling Cod Chowder 22
klondike potatoes, celery, warm cheddar biscuit

BLACKENED OCTOPUS 25
saskatchewan lentils, smoked bacon, swiss chard,
cilantro salsa verde

BEER-BATTERED FISH + CHIPS 22
haddock fillet, sweet pea tartar sauce, fries, malt vinegar

MEAT

PEPPERED FLAT IRON STEAK 28
duck fat potatoes, mustard greens, salsa verde

ARCADIAN COURT CHICKEN POT PIE 19
the one and only, mashed potatoes, scratch gravy

CHARRED TOMATO BEEF CURRY 24
mango, chili, savoy cabbage, taro, basil

BIFF'S FRIED BOLOGNA + EGGS 16
bannock, smoky tomato, duck fat potatoes

PORK SHOULDER TOURTIÈRE 20
bannock pickles, wild blueberries

MEATISH

ROASTED TOFU NIÇOISE SALAD 16
tapenade tofu, wax beans, fresh and dried tomatoes,
roasted potatoes, bannock pickles

BROILED EGGPLANT + TOMATO GNOCCHI 17
spinach, torn mozzarella

SAMOSAS CHAAT 17
vegetable samosas, chickpea masala, sour cream,
guacamole, chutneys

ADD NASTY SAUCE

on the side, with chef's permission!

ON THE SIDE

YUKON GOLD FRIES 7 **SWEET POTATO FRIES** 8 **DUCK FAT POTATOES** 7 **WALSH'S FAMOUS GRIDDLED CORNBREAD** 7

SWEETS

O&B ARTISAN BUTTER TART 9 **WARM S'MORES PIE** 9 **KEY LIME PIE** 9 **ICES + ICE CREAM** 9

Our breads and pastries are prepared fresh daily in our in-house bakery.

Please make us aware of any food allergies, as there may be ingredients that are not listed.

bannockrestaurant.com